



# NICE

National Initiative for the Care of the Elderly

Initiative nationale pour le soin des personnes âgées

*We care together*

*Ensemble pour le bien-être des aînés*

## 2016 Annual NICE Knowledge Exchange

On May 26th, NICE will host the 2016 Annual NICE Knowledge Exchange (ANKE) at the University of Toronto's Hart House. The theme of this year's conference is "Coming of Age", and our program features renowned experts in the field of aging presenting interactive workshops, sessions on various dimensions of gerontology, panel discussions and a student research competition.

For the first time in history, Canadian seniors outnumber their younger counterparts. This new demographic reality should be met with hope and optimism, as older adults in Canada are living longer, are healthier and wealthier. Reaching this milestone is also an opportunity to adopt changes in practices and policies to meet the transforming needs of today's seniors.

The 2016 Annual NICE Knowledge Exchange (ANKE2016) will provide a platform for learning about and responding to policy and practice needs of a new age of older adults, and ensuring that equal citizenship rights are upheld.

### Program Highlights:

#### GREETINGS

**Honourable Mario Sergio, Minister Responsible for Seniors Affairs (Ontario)**

#### KEYNOTE SPEAKER



We are very excited to feature as our keynote speaker Professor Malcolm Payne, a world renowned scholar in social work and related areas, and the author of 14 books including the enormously influential "Citizenship Social Work and Older People". Professor Payne has prepared a special keynote for the Exchange entitled "Citizenship to the End of their Lives," in which he will translate research evidence on citizenship policy and practice in social service and palliative care settings.

#### INTERACTIVE WORKSHOPS

Outing Ageism: Naming and Resisting Ageist Influences on Everyday Interactions  
**Dr. Barry Trentham, University of Toronto**

Reclaiming your Inner Joy: Laughter Yoga (AM Only)  
**Charlene Marshall and Adriana Caggiano, Psychogeriatric Resource Consultation Program of Ontario**

Educating Practitioners Through Use of the Aging Simulation Suit (PM Only)  
**Gillian Nichol and Audrey Gottlieb, Michener Institute for Applied Health Sciences**

Building on Innovation in Elder Abuse Prevention and Response - how the Canadian Network for the Prevention of Elder Abuse (CNPEA) Hub Can Support Your Practice

**Raissa Dickinson and Laura Watts, Canadian Network for the Prevention of Elder Abuse (CNPEA)**

Relocating Power: A Rights-based Approach to Self-management in Dementia

**THEME TEAMS** - The day will also include the following sessions:

Caregiving

**Dr. Rhonda Feldman**, Mt. Sinai Hospital

*"Dementia Care: A Framework to Identify and Support Caregivers at Risk"*

Dementia Care

**Dr. Elaine Wiersma**, Lakehead University

**Dr. Nancy Rushford**, Alzheimer Society of Ontario

*"Shifting Paradigms: Rethinking Dementia as a Disability"*

Elder Abuse

**Dr. Lynn McDonald**, University of Toronto and National Initiative for the Care of the Elderly (NICE)

*"Into the Light: Results from the Canadian Prevalence Study on Elder Abuse"*

End-of-Life

**Maxxine Rattner**, Kensington Hospice

**Elizabeth Dougherty**, Private Practice

*"Re-Examining a "Good Death": End-of-Life in an Aging Population"*

Ethnicity & Aging

**Andrea Austen**, City of Toronto; **Dr. Sander Hitzig**, St. John's Rehab

*"Developing an Action Plan for Addressing Social Isolation in Urban Dwelling Asian Seniors"*

Financial Literacy

**Dr. Raza M. Mirza**, National Initiative for the Care of the Elderly (NICE)

*"Ensuring Economic Security for Older Aboriginal Adults"*

Law & Aging

**Kimberly Whaley**, Whaley Estate Litigation

*"Physician Assisted Suicide: Implications of Carter, One Year Later"*

Mental Health

**Mireille Cyr-Hansen and Denise Waligora**, Mental Health Commission of Canada

*"Mental Health 'First Aid' for Seniors"*

Performing Arts

**Maureen Coyle**, University of Toronto; **Shula Strassfeld**

*"Performing Arts in Intergenerational Engagement"*

Technology

**Natalie Strouth and Allyson Kinsley**, Elizz powered by Saint Elizabeth Health

*"Bringing Positive UX to Caregivers"*

&

**Dr. Elsa Marziali**, National Initiative for the Care of the Elderly (NICE)

*"Evidence-based Telehealth Intervention Programs for Home-Based Care of Patients with Chronic Disease and their Family Caregivers"*

**STUDENT POSTER COMPETITION**

Students – submit your abstracts by **May 2nd** to enter our student research competition.

Professors and Instructors – encourage your students to submit

<http://www.nicenet.ca/anke-2016-student-posters>

*Take advantage of our networking opportunities at this year's Exchange*

Registration includes full breakfast, BBQ lunch and the Scientific Director's Reception with special rates for students and older adults.

**Registration Closes May 23rd 2016**

Space is limited so please register now at:

<http://www.nicenet.ca/anke-2016-registration>

For more information please view the 2016 ANKE webpage at:

<http://www.nicenet.ca/anke-2016>

If you have any questions, please contact us at [nicenetadmin@utoronto.ca](mailto:nicenetadmin@utoronto.ca)

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